

The CAHSLA Chronicle is published four times a year in September, December, March, and June. The editors are Lisa McCormick, Jewish Hospital Health Sciences Library, and Barbie Hill, Cincinnati Children's Hospital Pratt Library.

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4/17/2023

April 2023, No.161

President's Page

Happy April, CAHSLA friends,

Spring is in full swing, which means ... morels! That's right, morel season is upon us and the great mushroom hunt has begun. I went for a short hike in the woods myself yesterday after work, and while I didn't spot any morels, I did enjoy my time in nature. I would actually say that my walk in the woods was the reason for going out, and finding morels was the excuse. Because I knew going in that I would not actually harvest a wild mushroom out of fear of poisoning myself.

Whatever your excuse, this is the perfect time to get into forest bathing. We're coming out of winter and may still be in a vegetative habit or mental funk. I encourage you to make some time to immerse yourself in nature for a little while. Don't set any goals or expectations, just find a nice trail and go for a walk. And don't forget to wear sunscreen.

I look forward to seeing you on the 27th at the Walnut Hills Branch Library for our annual business meeting!

Alex Temple
President



Secretary's Report

Date: March 29, 2023
Time: 5:30 – 6:30 p.m.
Location: The Loyd Library and Museum

Attendance: Kean, Emily; Raney, Lisa; Pettigrew, Jennifer; Koshoffer, Amy; Pari, Akram; Warner, Lynn; Coper, Matthew; Damico, Jim; McCormick, Lisa; Herlein, Alex

Tech Talk – The program consisted of lightning talks on generative artificial intelligence (AI) addressing: basics of generative AI including ChatGPT or DeepAI; healthcare, social, and higher education implications of generative AI; ethical implications of generative AI. Presenters: Zan, McQuade, O'Reilly Media; Mark Chalmers, University of Cincinnati Engineering Library; Emily Kean, CAHSLA; Pradyumna Elavarthi, University of Cincinnati, Department of Electrical and Computer Engineering and Computer Science.

Attendees enjoyed pizza, beverages, and dessert courtesy of CAHSLA.

We wish to thank The Loyd Library and Museum for hosting the Tech Talk and Alex Herlein, especially, for his assistance in coordinating the meeting.

For additional information, please consult the Wayne State University [libguide](#) on ChatGPT and Other AI Tools.

Respectfully submitted,
Lisa McCormick, Secretary



Treasurer's Report

2023-04-10 CAHSLA Treasurer Report

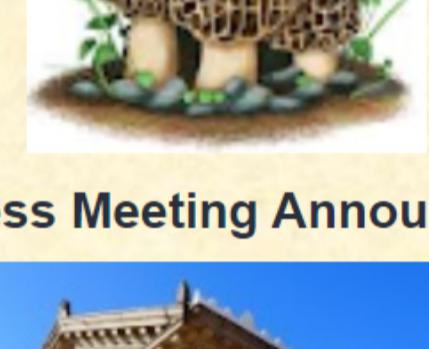
CHECKING BALANCE	as of 12/23/2022:	\$2,148.48
CHECKING DEPOSITS	2 Memberships	\$50.00
CHECKING DEPOSIT		\$50.00
TOTALS		
CHECKING		\$0.00
WITHDRAWALS		
CHECKING WITHDRAWAL		\$0.00
TOTALS		
CHECKING BALANCE	as of 04/10/2023:	\$1,847.51
CASH BALANCE	as of 12/23/2022:	\$115.00
CASH DEPOSITS		\$0.00
CASH WITHDRAWALS		\$0.00
CASH BALANCE	as of 04/10/2023:	\$115.00
TOTAL ASSETS	as of 04/10/2023:	\$2,062.51

MEMBERSHIP

Regular (Paid) 11
Student (Paid) 0
Life Members 13

TOTAL 24

Respectfully submitted,
Emily Kean, Treasurer



Annual Business Meeting Announcement



The Annual Business Meeting will be held on April 27, 2023 from 5:30 – 6:30 p.m. at the newly renovated Walnut Hills Branch of the Cincinnati and Hamilton County Public Library. We will have a built your own burrito/bowl from

Chipotle.

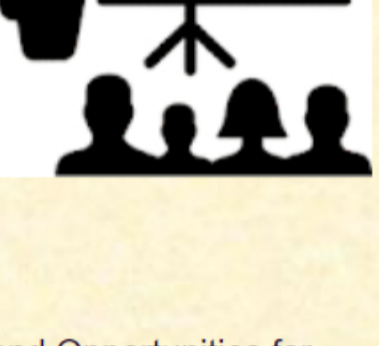
Please RSVP: <https://forms.office.com/r/GNW7adp940>

Location: 2533 Kemper Lane, Cincinnati, Ohio 45206

The branch recently reopened after a \$12 million dollar renovation. For an overview of the project, please consult the [project overview](#) page from CHPL.

News You Can Use

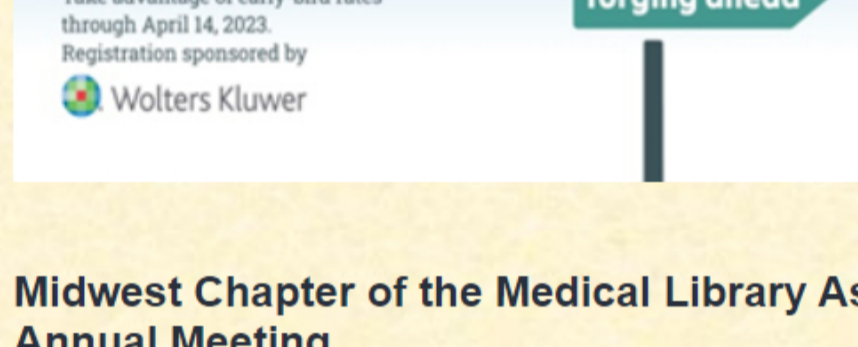
Meetings, Conferences, Education



OHSLA - Ohio Health Sciences Library Association

Spring Presentation - Zoom
ChatGPT and Generative AI: Benefits, Concerns, and Opportunities for Health Science Libraries
Date: April 21, 2023
Time: 1:00 - 2:00 p.m.
Members cost: \$10.00
Non-Members cost: \$15.00
Register by April 20, 2023
Registration: <https://ohsla.info/event-5246889>

Medical Library Association/Special Libraries Association Joint Conference



Theme: "Looking Back/Forging Ahead"
Dates: May 16-19, 2023
Location: Detroit, MI

Midwest Chapter of the Medical Library Association Annual Meeting

Location: Virtual
Dates: October 11 -13, 2023



"What's in a Name?"

In high school, we read Romeo and Juliet by William Shakespeare. Some may recall that the playwright asked the question, "What's in a name? That which we call a rose By any other name would smell as sweet." I made that perilous leap to this famous line when I came across a recently published review on pickleball and mental health.

"What's in a name" came to mind as I read the introduction to a recent systematic review and ticked off the names of the database the reviewers searched. First, that anyone could find a corpus of research papers to conduct a systematic review on pickleball's effects on mental health was astonishing enough, but, secondly, that said reviewer's would search for articles in the "Elton B. Stephens Company" database left me gob smacked. You can also consult [The Complete Guide to Pickleball](#) to round out your understanding of the sport.

Pickleball and mental health in adults: A systematic review

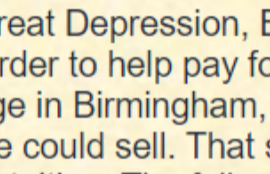
Juan-Leandro Cerezuola 1, Maria-Jesus Lirola 2, Adolfo J Cangas 2
Front Psychol 2023 Feb 21;14:1137047. doi: 10.3389/fpsyg.2023.1137047. eCollection 2023.
PMID: 36895753 PMCID: PMC9988900 DOI: 10.3389/fpsyg.2023.1137047
Free PMC article

Introduction: Physical activity has been extensively studied and numerous mental health benefits have been found. Pickleball is an emerging racquet sport, which is characterized by its accessibility to all audiences and has become especially popular in the United States among the elderly. It is a novel team game and its inclusive nature is innovative for health improvement. The purpose of this systematic review was to review and evaluate existing studies that have examined the effects of pickleball on the mental and psychological health of individuals.

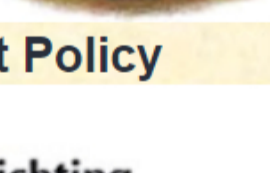
Methods: A systematic review was conducted on articles found in Scopus, PubMed, Elsevier, Web of Science (WoS), PsycINFO, Dialnet, and Elton B. Stephens Company (EBESCO) from 1975 to the present. The keywords used was a five combination between "Pickleball" joint with different terms by the connector AND, the second part of the combo could be "mental disorder" OR "anxiety" OR "depression" OR "psychological health" OR "mental health." Eligibility criteria included: papers focused on pickleball, in English or Spanish, on mental health variables, without establishing an age range. We excluded duplicate works, without access or that did not address the objective of this study.

Results: The search resulted in 63 papers, of which 13 were selected. A total of 90.74% of the population were people over 50 years of age. The results show significant improvements in the different psychological variables measured in pickleball practitioners: personal wellbeing, life satisfaction, depression, stress, happiness, etc., pickleball shows potential as a new tool to work and improve people's mental health.

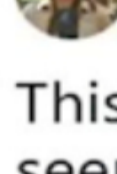
Conclusions: The pickleball is displayed as an inclusive sport that does not need adaptations, resulting of great interest to be worked in different populations with mental problems.



"In the first summer of the Great Depression, Elton B. Stephens sold magazines door-to-door in order to help pay for his education at Birmingham Southern College in Birmingham, AL. Elton quickly realized something about himself—he could sell. That summer, he made enough money to pay for next year's tuition. The following summer, Elton B. Stephens assembled and coordinated a team of friends to assist him; and he learned that he was not only a good salesman, but also a good manager." Source: [About EBSCO](#)



Honesty is the Best Policy



Kara Schlichting
@KaraSchlichting

This is truly the craziest footnote I have seen #twitterstorians

librarian Emily Howie for drawing my attention to t
20. *Ibid.*, 166.
21. This figure is from a *New York Times* keywords for "B will probably show up if you search keywords for "B 1258 dead horses," or "Barren Island," in ProQuest F Newspapers. I've lost the bloody reference, and am c carelessness to the world instead of spending the day the exact piece. Perhaps you could just trust me on t can, then I thank you.

10:26 AM · Apr 7, 2023

This Book Is Overdue!: How Librarians and Cybrarians Can Save Us All

by Marilyn Johnson. HarperCollins, 2010.
This book is a bit dated but fun nevertheless. "Contemporary librarians are morphing into undisputed masters of the information cosmos. An internet-savvy, database-crunching cohort of multimedia manipulators passionately dedicated to empowering the data-deprived, they democratically distribute all the fruits of the emerging hypertext universe. Johnson's paean to this new generation of librarians demystifies superannuated myths and stereotypes of dusty librarians filing catalog cards and collecting fines for overdue books, and replaces that with a vision of the profession's future where librarians serve as guardians and guides to information in cyberspace. These rock-star librarians maneuver their way through a labyrinthine network of glowing computer-terminal screens to retrieve whatever answers patrons may seek. If that's not high calling enough, librarians stand tall as superhero sentinels bravely beating back every assault on civil liberties and Constitutional government. Johnson offers portraits of American librarians, both institutional and freelance, already achieving fame as cybrarians and informationists, and she affirms and celebrates their conquests. Take that, Nicholson Baker!"
--Mark Knoblauch, Booklist

The 100-Year-Old Woman Fighting Book Bans

Daily Beast <https://www.thedailybeast.com/the-100-year-old-woman-fighting-book-bans> Updated Mar. 24, 2023 4:47AM ET / Published Mar. 23, 2023 10:47PM ET
Grace Lim says she is only doing what her first husband, who was killed fighting in World War II, was doing: fighting for freedom ... "One of the freedoms that the Nazis crushed was the freedom to read the books they banned," she told the school board gathering. "They stopped the free press and banned and burned books. The freedom to read, which is protected by the First Amendment, is our essential right and duty of our democracy. Even so, it is continually under attack by both the public and private groups who think they hold the truth."

A man standing behind her held up a quilt bordered in school bus yellow, its squares filled with book titles ranging from Toni Morrison's *Beloved* to Ralph Ellison's *Invisible Man* to Vladimir Nabokov's *Invitation to a Beheading* to George Orwell's *1984*. "In response to the book banning throughout our country and Martin County last year—during the time I was 99—I have created this quilt," she continued. "To remind all of us that these few of so many more books that are banned or targeted need to be proudly displayed and protected and read, if you choose to."

She made clear that in her view what Florida has been attempting under Gov. Ron DeSantis is the dangerous stirring of an evil akin to what her husband set off to fight.

"Banning books and burning books are the same. Both are done for the same reason. Fear of knowledge. Fear is not freedom. Fear is not liberty. Fear is control. My husband died as a father of freedom. I am a mother of liberty. Banned books need to be proudly displayed and protected from school boards like this. Thank you very much."



Posted by CAHSLA Chronicle, at 11:02AM

No comments:

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